

NEW TITLES ADULT
Spring 2026

SvH Literarische Agentur

SvH Literarische Agentur

was founded in 2005. We are based in Berlin and represent authors worldwide as well as agencies and publishers for German and Dutch and Spanish translation rights. Our catalogue includes fiction and non-fiction, Adult, Youth and Children's books.

NEW TITLES ADULT

Spring 2026

SvH Literarische Agentur
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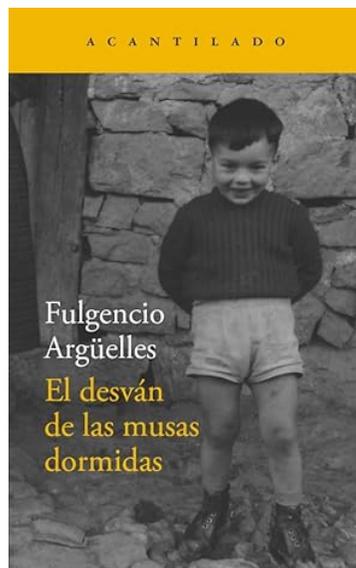
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FICTION

Fulgencio Argüelles

El desván de las musas dormidas (*The Attic of Sleeping Muses*)

Literary Novel



The main characters in this evocative story, memory and imagination, keep weaving moments recalled from past times to create a profoundly intimate reality from the remnants that lie waiting in a tucked-away attic. The need to understand who we are by turning to those who came before us is the theme running through this absorbing novel which, somewhere between memoirs and an elegy, is offered like a song. Once again, the literature of Fulgencio Argüelles defies the silence and oblivion that threaten to turn the world into a desert.

Spain: Acantilado, 2025 (344 pp.)

Praises:

“<<stylistic talent of Argüelles is truly remarkable. His elegant prose envelops the reader with its fine-tuned pace.>> - M. Pozuelo Yvancos, *ABC*

<<Few books have touched me as much recently as *El desván de las musas dormidas* (*The Attic of Sleeping Muses*) by Fulgencio Argüelles. Perhaps because we are memory and we need someone to remind us of what we were and also what we are.>> - Miguel Rojo, *El Comercio*

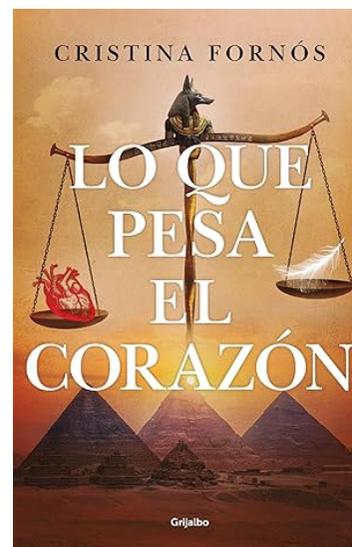
German and Dutch translation rights.

All other rights Acantilado agencia literaria.

Cristina Fornós

El Peso del Corazón (*Heart's Weight*)

Historical/Thriller



Three eras; one single goal: to transcend death.

With the help of journalist Lara Peña, investigators must fit together the pieces of a puzzle that reaches back to Ancient Egypt, where the beauty of myth may conceal the most perverse barbarity.

When the Final Judgment arrives, how heavy will your heart be?

A ritualized crime shakes the Costa Daurada. In the Cambrils stream, a woman is found wrapped in a sheet, clutching an ostrich feather, her heart removed. In the same place, a dismembered public prosecutor is discovered inside a suitcase, wearing an Anubis mask.

After the nuclear accident at Vandellòs I, Joan and Chema, two plant workers, decide to live on the edge and cross lines that until then had been unimaginable.

Inspectors Sagi and Vidal of the Mossos d'Esquadra begin an investigation that will take them through time and space, ultimately connecting them to the figure of Albert Coma, a 19th-century Egyptologist fascinated by Egyptian culture and the promise of eternal life.

Spain: Grijalbo – Penguin, 2026 (432 pp.); Rosa dels vents – Penguin (Catalan)

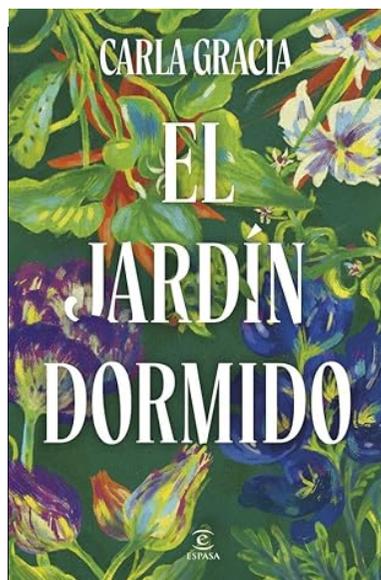
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Carla Gracia

El Jardín Dormido (*The sleeping Garden*)

Novel



In a forgotten garden filled with secrets and silent flowers, a wounded woman discovers the beauty and strength to remake her life.

After leaving her boyfriend and an unfulfilling banking career, Iris comes across a peculiar job ad seeking someone to revive a forgotten garden in the Empordà. A strange tarot reading filled with flowers—and memories of summers spent there with her grandmother—push her to take the chance.

She arrives at the House of Forgetting, an estate with a ruined garden and a haunting past. As Iris restores its paths and blooms, she uncovers the secrets and sorrows hidden within its walls and

among the people who inhabit it.

In bringing the garden back to life, she begins to rediscover herself, finding healing, purpose, and the courage to bloom again.

Spain: Espasa, Grupo Planeta, 2026 (328 pp.); Univers, Grup Enciclopèdia (Catalan), **German rights sold.**

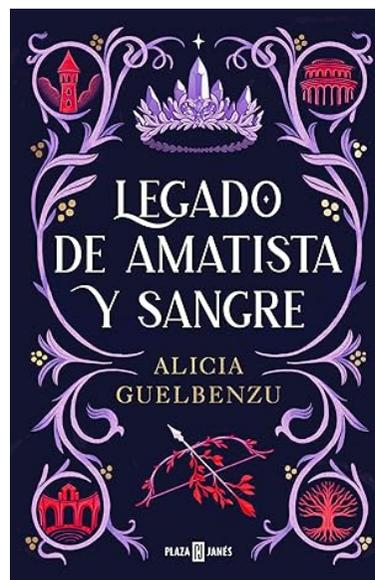
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Alicia Guelbenzu

Legado de Amatista y Sangre (*Legacy of Amethyst and Blood*)

New Adult Novel



A peasant girl with a hidden past. The test of a lifetime. A king without a throne. A destiny that cannot be avoided.

Nuna has lived her whole life in a village but one day she is selected to become a warrioress of the Illustrious Rulers, legendary creatures who have governed the world for generations. She is called to the Citadel of War, the place where young candidates are prepared for the Xirgal, the test that decides who will join the royal army.

Nuna is invincible with a bow and arrow, but what really distinguishes her from her companions is the colour of her eyes: a

peculiar and disturbing shade of violet-blue hitherto unseen in the Four Lands. This colour, and the bravery she demonstrates during training, earn her the attention of Tristán, general of the armies of the Domain and the only one of the Illustrious who has no kingdom of his own and of whom it is whispered that he is “the king who drinks with the commoners and amuses himself with peasant lasses”. When Tristán arrives at the Citadel to oversee the training of the candidates, he forms a special bond with Nuna, and together they must confront the threat that looms over their world. Their union will unleash a destiny that will change everything.

Spain: Plaza y Janés, 2026 (400 pp.)

German and Dutch translation rights.

All other rights DOS PASSOS agencia literaria.

Sonia Guillén
La consteladora

Thriller



Expected:

A gripping psychological thriller where a mother's love becomes the key to uncovering a disappearance shrouded in secrets and fate.

A high-concept thriller built around a unique and globally appealing hook.

A family constellation session becomes the trigger for uncovering a real disappearance

A gripping blend of psychological suspense and emotional depth

Sonia Guillén delivers a story where trauma, motherhood, and the invisible ties between strangers converge, creating a page-turner that keeps readers hooked while offering strong book-club potential.

For readers of *The Girl on the Train* and *Sharp Objects*, who love psychological thrillers rooted in trauma, memory, and hidden connections.

Spain: To be published in late 2026 Spanish & Catalan: Grupo Anaya

Material available: Catalan and Spanish PDF

cover not final (Sandra Bruna agencia literaria)

German and Dutch translation rights.

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Máximo Huerta

Mamá está dormida (*Mum is asleep*)

Novel



When Aurora starts to lose her memory, she asks her son: „Where has your brother gone to?” A sentence that might seem trivial, were it not for the fact that this fifty-three-year-old man had always believed he was an only child. Is she telling the truth or is she hallucinating? To find out, mother and son go on a physical and emotional journey. With the ageing family dog for company, they drive their campervan to Vera de Bidasoa, the mountain village where Aurora grew up under the watchful eye of the women's section of the Francoist movement. When it isn't possible to unravel a thread to arrive at the truth,

sometimes the best option is to follow the path back to where the thread begins.

What could be more universal than the fear of losing one's mother, the fear of losing one's memories, the fear of discovering, one day, that our whole life has been an illusion? Máximo Huerta has created a moving mother-and-son road movie in which he talks about the things we suppress, the things we forget... and the things that are never completely erased.

Spain: Planeta, 2026 (352 pp.)

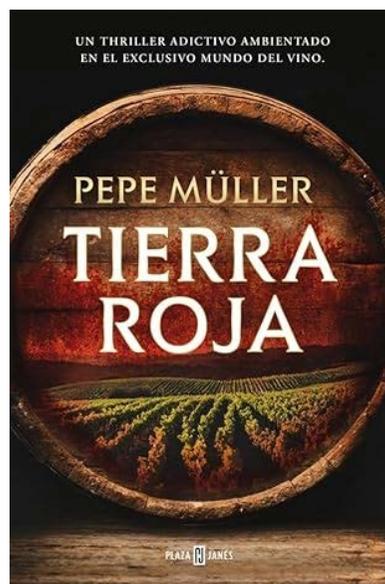
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Pepe Müller

Tierra roja (Red land)

Thriller



A gripping thriller set in the cutthroat and exclusive world of high-class wineries and vineyards

Arnault Lefebvre, owner of the legendary Bordeaux winery Châteaux Marchant, is found hanging from a rope in his hotel room on the very day he was due to receive a tribute from the entire oenological community for the success of his wines.

At first glance, it appears to be a suicide, but Cristina Castillo, a specialized journalist, suspects there is more to the story. An investigation begins that will bring to light a series of secrets and miseries from the world of wine.

From Washington to La Rioja, via Bordeaux, Pepe Müller draws on his extensive knowledge of enology to set this gripping thriller in the universe of wine, wineries, and ancient winemaking dynasties, crafting a novel that any reader who enjoys the genre will savor like a fine red wine.

Spain: To be published April 2026, PLAZA & JANÉS, PRH (400pp)

German and Dutch translation rights.

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Alejandro Narden

Todos los principios

Literary Novel



Todos los principios is the story of a revenge. A revenge that is not bloody, that is almost ethereal, but which is revenge none the less.

Rodrigo, an artist on the verge of turning thirty-three, knows his ex-girlfriend is about to give birth to another man's child, the child they never had together. This acts as the catalyst for a painful journey through his own memories, linked to his experiences in Tunisia following the break-up, the political problems of the friends he made there, and the intense emotion which returns like a boomerang to help him remain on his

feet when everything is falling apart.

With echoes of Mathias Enard, Javier Marías and Don DeLillo, Alejandro Narden has constructed an ambitious novel written in a style that is both forceful and precise. *Todos los principios* is a powerful story woven from elements of truth, one that represents the discovery of a voice and a style that are unique in today's narrative landscape.

Spain: Plasson e Bartleboom, 2026 (304 pp.)

German and Dutch translation rights.

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Ane Odriozola

Al subir la marea (*When the tide comes*)

Historical Novel



A historical drama of ambition, betrayal, and revenge. Set in 16th-century Zarauz, where a shipbuilder's downfall and a woman's heartbreak ignite a storm that threatens to destroy a family's legacy.

Zarauz, 1568. Master shipbuilder Bartolomé de Irigoyen faces ruin after a failed galleon project. Desperate to salvage his legacy, he entangles his sons in risky deals and strategic marriages. Beatriz, a spirited young woman chasing love, enters their world—only to ignite buried tensions between the brothers. As family bonds unravel, Beatriz, betrayed and humiliated, flees Zarauz.

But her departure marks the beginning of a quiet revenge that will reshape their fate. A tale of ambition, honor, and the storm that brews when dreams collide with desperation.

Spain: NdeNovela (Grupo Planeta), 2025 (608 pp.)

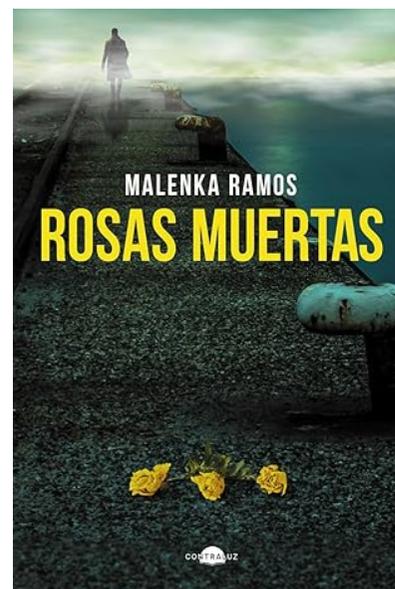
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Malenka Ramos

Rosas muertas (*Dead roses*)

Thriller



Investigators Kai Vila and Martina Mencía are forced to reunite after their strained divorce to discover if the murder of a young girl was the work of a serial killer or a personal vendetta related to the Calabrian mob.

The story offers an intimate and dangerous look at organized crime, where cooperation with the police becomes a necessary evil and trust is constantly in question.

A thriller with a deep emotional side where the detectives' unresolved emotions threaten every decision and amplify the pressure of the investigation.

The author, Malenka Ramos, reached the number 1 spot on Amazon with her book *Los crímenes de Hamlet*, and has been published in Spain, Portugal, Brazil and Russia.

Spain: Contraluz (Grupo Anaya), to be published May 2026 (406pp)

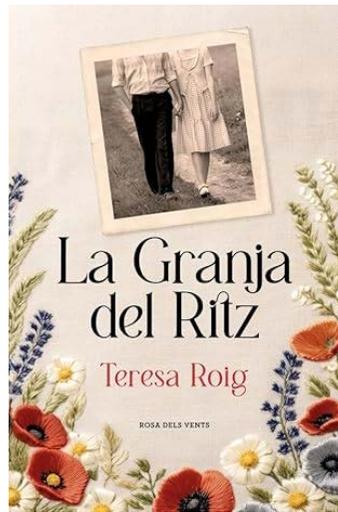
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Teresa Roig

La granja del Ritz (*The Ritz farm*)

Historical Romance



Four love stories, one remarkable farm and the legendary Ritz Hotel come together in this historical romance about Barcelona's social, emotional and cultural transformations

A group of wild hens that defy capture puts Barcelona's health authorities on alert and draws media attention to Vallbona—and to a mysterious place known as The Ritz Farm. What connection links this rural estate on the city's outskirts to Barcelona's most iconic luxury hotel?

Through four intertwined love stories spanning a century, this novel travels through time to uncover the shared origins of a

visionary farm and the legendary Ritz. A tender tribute to memory, love, and a collective heritage at risk of disappearing, it reflects the social and emotional transformations of modern Barcelona.

Spain: Rosa del Vent (Catalan), February 2026 (336pp)

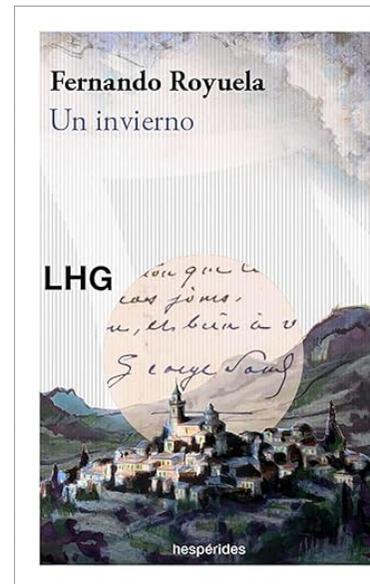
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Fernando Royuela

Un invierno (*A winter*)

Literary Novel



What is the truth of a literary work? Where is the line drawn between lived experience and fiction? These classical questions serve as the starting point for an evocative literary game based on *A Winter in Majorca*, the book in which the writer George Sand recounted her stay on the island with Frédéric Chopin during the winter of 1838.

Fernando Royuela recreates with irony and elegance the romantic landscapes that Sand and Chopin inhabited, and the moments they shared with prominent figures of their time, such as Franz Liszt, Prosper Mérimée, the poet Alfred de Musset and the Spanish-born mezzo-

soprano Pauline Viardot. *Un invierno* is a passionate adventure, full of literary traps, but also a scathing critique of mainstream thinking and, ultimately, a meditation on emotional misunderstandings and the fleeting nature of love. A unique novel, bursting with beauty, that will leave the reader with a smile on their face.

Spain: La Huerta Grande, 2026 (298 pp.)

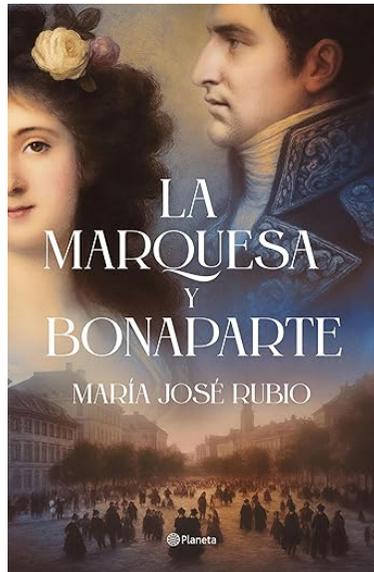
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Maria José Rubio

La marquesa y Bonaparte (*The Marquise and Bonaparte*)

Historical Novel



When Lucien Bonaparte, Napoleon's brother, arrives in Madrid as ambassador to Charles IV in December 1800, neither the Spanish court nor Lucien himself imagine that this diplomatic mission will become a political and emotional battlefield. While manoeuvring between espionage, corruption and Godoy's ambitions in order to fulfil Napoleon's plans—to control Spanish politics and prepare for war—Luciano meets the Marquise of Santa Cruz, Mariana de Waldstein, a brilliant and enigmatic woman who introduces him to the world of art and collecting alongside Goya. Trapped in a passionless marriage, she will

risk her position for a love that defies social codes and the interests of the state.

The Marquise and Bonaparte is the story of a man who was to change the course of Europe, and a woman who changed the course of his life.

Spain: Planeta, 2026 (576 pp.)

German and Dutch translation rights.

All other rights: DOS PASSOS agencia literaria

Alicia Vallina

La Condesa que pudo reinar (*The Countess who ruled*)

Historical Novel



The fascinating true story of a woman who was ahead of her time: The Countess of Echauz and Vado, Joseph Bonaparte's mistress, who ruled over an entire empire.

Caresse, France, 1869. The Countess of Echauz and Vado, Pilar de Acedo y Sarriá, has just died. After the funeral, her daughter Amalia, Marquise of Montehermoso, discovers by chance a hidden diary and a cache of letters that reveal a hitherto unknown history: the passionate and secret relationship between her mother and Joseph Bonaparte, the dethroned King of Spain. Amalia is forced to reconsider some of

her most deeply held convictions, and will relive a forbidden passion that survived war and exile. A passion that turned the countess into the silent protagonist of a lost chapter of the history of Spain.

In her enthralling novel, Alicia Vallina tells the epic story of the French occupation of Spain, interweaving it with the emotion, love and inner conflicts of a woman whose voice carries across time, a woman who changed the course of history.

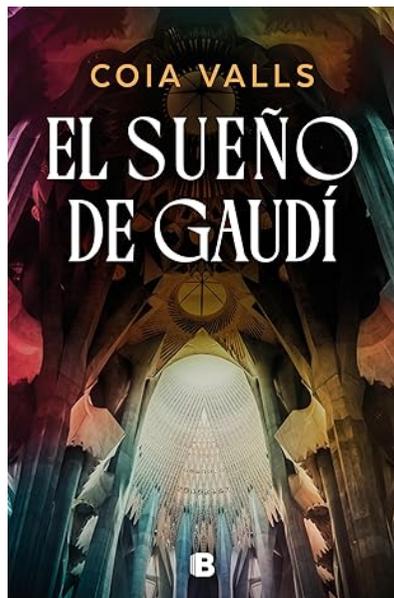
Spain: Plaza y Janés, 2025 (376 pp.)

German and Dutch translation rights.

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Coia Valls

El sueño de Gaudí (Gaudí's Dream) **Historical Novel**



Barcelona, 1883. The commission for a temple still unimaginable will change the fate of a family saga that will grow at the same pace as the Sagrada Família.

Five generations marked by love, loss, and the weight of history will witness how this work becomes the thread that binds them together.

From Anna and Guillem, witnesses to the early years of construction, to Anna Maria, the link that keeps the family memory alive, *Gaudí's Dream* spans more than a century of Barcelona: epidemics, wars, silences, and rebirths. And it does so by turning the Sagrada Família into yet another character, capable of leaving its mark on all who come near it.

An emotional journey that speaks of what endures when life breaks apart: the bonds that hold us, the passion that drives us, and the purpose that gives meaning to our path.

Spain: Ediciones B, PRH, 2026 (416 pp.), Rosa dels Vents, PRH (Catalan)

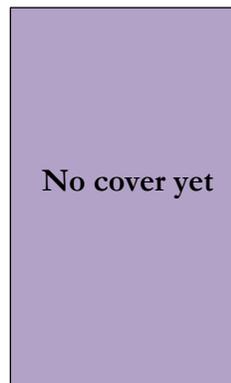
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Carlos Vilasexto

Nadie ha muerto (Nobody died)

Crime



Gabriel Azcona left the police force eight months ago to look after his children when his wife received an invitation to the wedding of an old friend's daughter. To make Mara happy – with whom he is not going through a good time lately – he agrees to spend a weekend with their three children at a luxurious celebration in the mountains: Alejandra, a teenager in the throes of rebellion; Miguel, a hearing-impaired boy who lives in his own world; and Claudia, a baby barely a year old, whom he carries around with him like a marsupial.

Beautiful people, activities, gourmet food, live music, a pool and childcare. Gabriel feels completely out of place.

But when strange incidents occur on the very first night, he is back in his element, much to Mara's displeasure. With baby Claudia in front of his belly and the help of his former colleague Luisa, he begins to investigate.

Italy: to be published by Harper Collins; **Audiovisual Rights sold!**

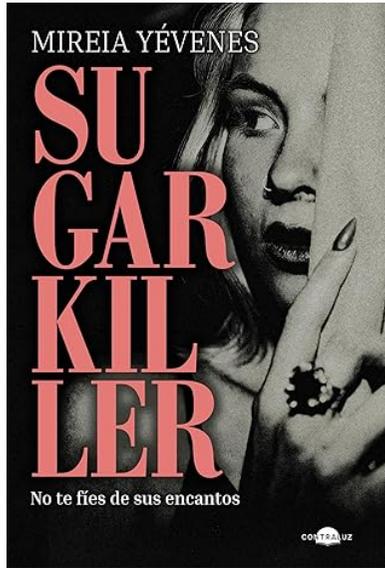
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Mireya Yévenes

Sugarkiller

Thriller/neo noir



A luxury noir thriller set in the hidden underworld of the ultra rich. A dark, sexy, razor sharp psychological thriller about power, desire, and dangerous games

Macarena, a 27-year-old Fine Arts student, leads a double life she thinks she controls: shy by day, and at night a fake sugar baby who drugs and robs wealthy men under ever-changing identities.

Her routine of art and crime runs smoothly—until a disturbing police officer who has been tracking her

makes an offer she can't refuse.

Two escorts vanished after visiting the mansion of Johannes Klaus, a tech investor in Sitges, and Macarena must seduce him to avoid prison.

But once she enters the millionaire's world under a new identity, nothing goes as planned. She soon suspects that this refined engineer knows far more about his new sugar baby than she ever anticipated.

Spain: Contraluz (Grupo Anaya), March 2026 (384pp)

German and Dutch translation rights.

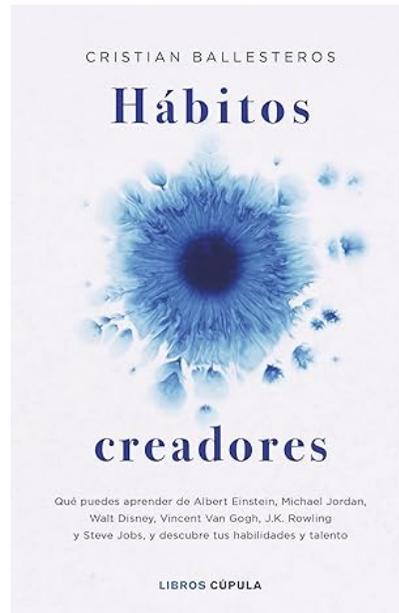
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NON-FICTION

Cristián Ballester

Hábitos creadores (*Creative habits*)

Personal Growth



Creativity is not a gift—it's a habit. Discover the patterns behind the geniuses.

A powerful guide to unlocking creativity through the everyday habits of six extraordinary minds.

This book examines the lives of six remarkable individuals—Einstein, Jordan, Disney, Van Gogh, Rowling, and Jobs—to uncover the habits, mindsets, and strategies that led to their success. It explores how they faced early struggles, developed their talents, and stayed committed to their passions. The core idea is that genius isn't just born — it's built through curiosity, resilience, and continuous learning.

By studying their journeys, readers can discover practical patterns to apply in their own lives and unlock their creative potential, no matter their field or background.

Spain: Cúpula (Grupo Planeta) October 2025 **Korean:** Page2Books, **Brazilian/Portuguese:** Book One Editora

German and Dutch translation rights.

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Silvia Bardelás

Una conciencia nueva (*A New Consciousness*)

Essay



Silvia Bardelás argues that the great problem for modern human beings is not unhappiness, but the dissatisfaction foisted upon us by the thoroughly technological and individualistic twenty-first-century society.

In this magnificent essay, fruit of intimacy and experience, and from a new philosophical perspective, Bardelás sets out in pursuit of knowledge that is not only metaphysical or ethical but also political, thus making it possible to break with the individual-society dichotomy. This new awareness entails a change in the notion of identity, a way of perceiving ourselves and the world

which, thanks to art and literature, allows us to transcend today's isolated individualism and come into contact with the inner lives of others.

As Bernat Castany points out in his Foreword, this bold, essential work “endows philosophy with the best of literature or, in other words, the ability to embody ideas in tangible people and situations, which then opens the doors to their inner worlds.”

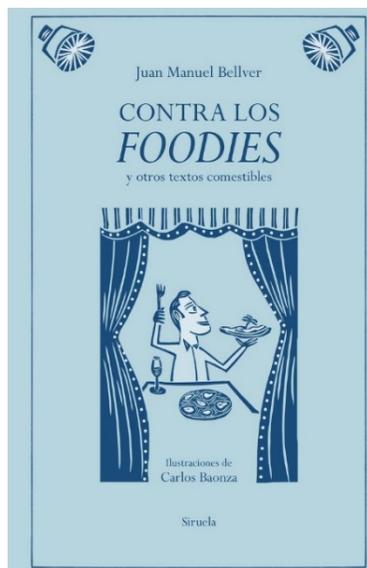
Spain: Acantilado, 2026 (256 pp.)

German and Dutch translation rights.

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Juan Manuel Bellver

Contra los Foodies – y otros textos comestibles Essay
(Against the foodies and other edible texts)



This book is broadside against gastronomic poseurs. At a time when foodies are transforming every mouthful into a spectacle on social media, and every dish into a fetish of consumption, Juan Manuel Bellver combines irony and erudition to dismantle the clichés of modern eating. Against this artificial hedonism, he defends cooking as the product of culture and memory, a source of genuine pleasure, far removed from fleeting fashion and commercialization of experience.

With his cutting, refined style and just a bit of malice, the author reviews the recent history in gastronomy, stripping away

culinary rhetoric to propose a return to common sense: less posing, more enjoyment; fewer selfies, more conversation; less spectacle, more truth. A brilliant mosaic of ideas and delights, a lucid and joyful plea which invites us to think, to laugh and, above all, to taste without artifice...

Spain: Siruela, 2026 (256 pp.)

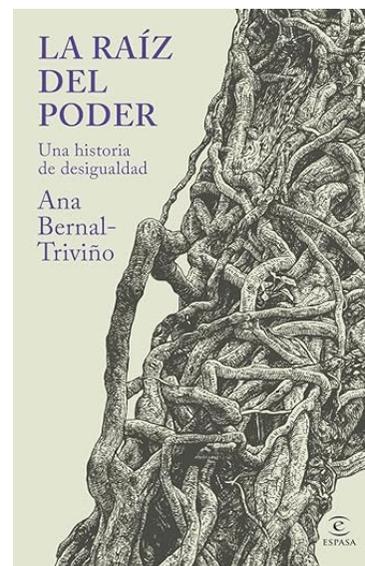
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Ana Bernal-Triviño

La Raíz del poder (*The roots of power*)

Essay



La raíz del poder is a revealing journey from the Neolithic to the current day which explores the deep roots of the inequality between men and women.

The author examines founding myths, codes, traditions, laws, religions and tropes that still have force today, revealing old patterns that were born thousands of years ago. *La raíz del poder* is a spirited response to biased and reactionary attempts to use the classical past to justify sexism and racism. A book for those who are seeking answers, but also for those who want to effect change. Combining historical documentation with a human narrative, this work is an essential guide if

we are to understand why real equality remains both a contemporary challenge and historic debt.

Spain: Espasa/Planeta, 2025 (272 pp.)

German and Dutch translation rights.

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Nadia Calviño

Dos Mil Días en el Gobierno (Two thousand Days in Government)



On 2 June 2018, Nadia Calviño received an unexpected call which opened up a new stage in a successful professional career that had led her to one of the most senior positions in the European Union. The head of the Spanish government, Pedro Sánchez, invited her to take charge of the country's economy. So begins the fascinating first-person account of two thousand dramatic days in which the government had to cope with a series of unprecedented and extraordinary events. This unique and candid account, written from the heart of power describes some of the key features of the new geopolitical order that is under construction, and will

serve as a source of analysis and reflection for European citizens both now and in the future.

Spain: Plaza y Janés, 2025 (336 pp.)

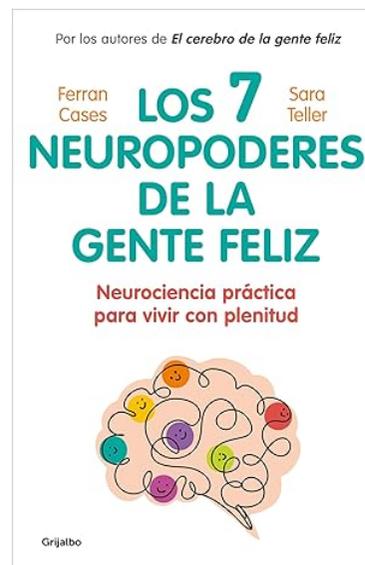
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Ferran Cases

Los 7 neuropoderes de la gente feliz
(*The 7 Neuro-Powers of Happy People*)

Selfhelp



The book combines Sarah Teller's impressive knowledge about neuroscience and Ferran Cases' communicational skills to offer a clear and accessible guide to understanding how the brain and nervous system shape our everyday life.

With a warm, conversational tone, Sara and Ferran translate scientific insights into practical tools to help readers manage stress, build healthier relationships, improve their energy and sleep, and create sustainable habits rooted in self-care.

Rather than quick fixes, the book proposes a realistic, science-based path

to long-term emotional wellbeing and a more balanced, fulfilling life.

Applied Neuroscience for a Fulfilling Life

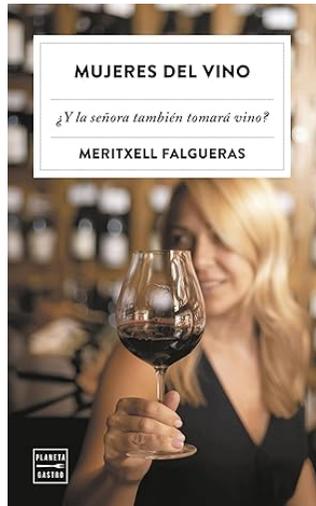
Spain: Grijalbo (PRH), March 2026 (336pp)

German and Dutch translation rights.

All other rights Sandra Bruna agencia literaria.

Meritxell Falgueras

Mujeres del vino (*Women of Wine*)



An essential homage to the women who are not following the old rules of wine but creating new ones.

The wine world is evolving, women are stepping up as winemakers, sommeliers, and journalists, blending expertise with sensitivity and redefining the conversation.

Empowerment isn't about mimicking men; it's about owning a unique, feminine voice in wine—being moved by it, speaking differently, and still being absolute professionals.

The real shift comes when a pregnant sommelier can spit wine without judgment, and motherhood no longer sidelines women from tastings or fairs.

“There are too many women here,” some still say. But the truth is, women have always been part of wine’s story—and their future in it is stronger than ever. So when the waiter asks, “Will the lady also have wine?” I smile and say: “Yes, more than the gentleman.”

Spain: Planeta Gastro, 2025 (208 pp.)

German and Dutch translation rights.

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Meritxell García

Sin vergüenza (*Without shame*)

Selfknowledge



A guide on how to find self-acceptance, and the value of showing yourself to the world as you are.

Nowadays, people tend to be weary to show who they truly are. It is hard to be authentic when there are so many expectations on how we should act.

Many of us live embarrassed, ashamed of showing our true selves. Embarrassment can help us navigate social life, but it shouldn't be the leading force in anyone's life.

In *Sin vergüenza*, Meritxell García teaches readers how to stop letting the fear of what others might think determine how they live and explains why it's important to dare to be unabashedly yourself.

Spain. Urano, March 2026

German and Dutch translation rights.

All other rights Sandra Bruna agencia literaria.

Xavier Guix

El reto de soltar el pasado

(The challenge of leaving the past behind)

Selfhelp



This book is a guide for those who feel the past still weighs on them and need a path to regain peace and clarity.

The past is not only trauma—it is also identity. Even if you believe you carry no wounds, your past has shaped you. Exploring your personal history helps you understand why you are who you are. That's why this book is pure self-discovery: a journey across your life story and deep into your inner world.

It will guide you to understand, reinterpret, and integrate everything that still weighs heavily on you—guilt, regret, remorse,

resentment, or nostalgia. Along the way, it answers a powerful question: Can you be happy if you carry an unresolved past?

Spain: Arpa Ediciones March 2026

German and Dutch translation rights.

All other rights Sandra Bruna agencia literaria.

Xavier Guix, Francesc Miralles & Àlex Rovira

Esencial (Essential)

Selfhelp

«En un mundo saturado de fórmulas rápidas, tres grandes pensadores te invitan a redescubrir lo esencial: una vida con sentido, autenticidad y profundidad». —MARIAN ROJAS ESTAPE

Xavier Guix
Francesc Miralles
Àlex Rovira

ESENCIAL

Tres amigos en
busca de una vida
extraordinaria

arpa

Three bestselling authors distill decades of wisdom into 21 essential concepts for living with authenticity, clarity, and purpose. A candid, all-in-one reflection on what truly matters.

Three bestselling authors—leaders in the Spanish wellness scene—join forces to offer a candid and profound reflection on what it means to live an authentic life. Born from real conversations between friends, *Essential* distills decades of experience into 21 key concepts that help readers navigate life's challenges with clarity, purpose, and emotional depth. A realistic, all-in-one guide to personal growth, grounded in wisdom and human connection.

Spain: Arpa Ediciones, 2025 (280 pp.); **Portugal:** BookOut

German and Dutch translation rights.

All other rights Sandra Bruna agencia literaria.

Gaspar Hernández

El camino de la conciencia (*The path of consciousness*) Selfhelp



A powerful book that invites you to step beyond thought and discover who you truly are: consciousness beyond the body. Through science, spirituality, and real near-death experiences, Hernández shows how to awaken now.

What would happen if we could stop thinking, even if only for a few moments? If we manage to place ourselves in that space between thoughts, we will discover a truth that is as simple as it is transformative: we are not only a body and a mind, we are consciousness. A consciousness that does not end with death.

Hernández writes his most revealing book after decades of conversations with spiritual teachers, scientists, and people who have had near-death experiences. A deep and sincere invitation to free ourselves from limiting beliefs and reconnect with our essence. With an accessible and experiential approach, he shows how consciousness persists beyond the body... and how we can awaken now to live fully.

Spain: RBA (Spanish) Columna (Grupo Planeta) March 2026 (224pp)

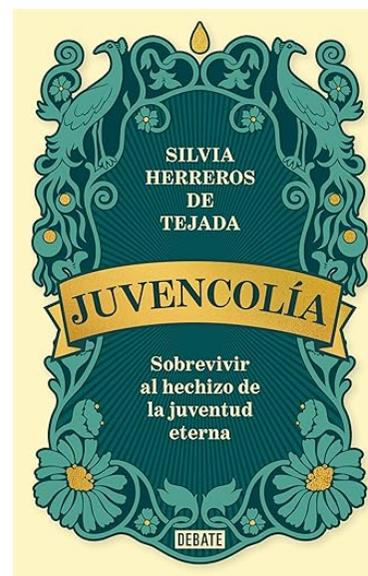
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Silvia Herreros de Tejada

Juvencolía

Essay



How long does youth last in the 21st century? Is there a limit to its duration? How has it been transformed from a life stage into a universal mandate?

Juvencolía explores the desire to be young forever: from the myths that shaped us to the vertigo of adulthood, when illness erupts into our lives like an unwelcome yet irresistible revelation. From this starting point, the author weaves an intimate and erudite popular guide to her subject, ranging from Neverland to counterculture, Erasmus grants to Instagram, the midlife crisis to chemotherapy, and encompassing the

story of Dr. Luella Day McConnell, a woman who claimed to have discovered the fountain of eternal youth in her own backyard. A brilliant, daring book about loss, desire, and the wistful longing for youth that sustains us.

Spain: Debate, 2026 (352 pp.)

German and Dutch translation rights.

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Magda Kinsley

Minimalismo mental (*The minimalist mind*) **Mental health**



A handy guide that helps people identify all of those pesky thoughts that only generate anxiety and teaches us how to declutter our brains

Nowadays, people are overwhelmed by the constant need to do more, be better, and get results sooner. But that isn't a sustainable way to live and can greatly affect our mental health.

In *Minimalismo mental*, the author guides us through practical exercises and straightforward explanations through the process of letting go of the excess baggage in our brains.

An honest and intimate exploration of

fear, loneliness, being imperfect, and the need to live life in a more conscious way.

You don't need to change your entire way of life, you just need to find a different way to live it.

Spain: V&R Editoras, March 2026

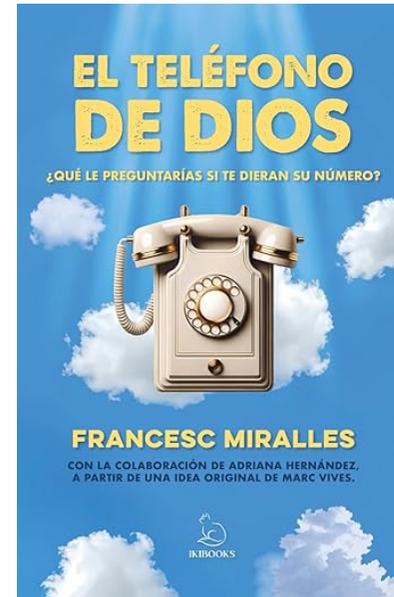
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Francesc Miralles

El teléfono de Dios (*God's Telephone*)

Inspirational



A spiritual novel that blends mystery, emotion, and the search for meaning—challenging your beliefs and inviting you to look deeper.

Our protagonist, an ordinary man lost in sadness and disconnection, invites a stranger to dinner—and receives God's phone number. Skeptical at first, he soon begins getting calls from a voice that knows everything about him.

Trusting this mysterious contact, he seizes the chance to ask life's deepest questions: Why do some suffer while others thrive? What is love's meaning, or life's purpose? Can prayer, hope, or

even magic bring us closer to happiness?

Inspired by a true story, this uplifting novel offers a journey of faith, wonder, and rediscovery that promises to transform hearts and minds.

Spain: Vanir, 2025 (230 pp.)

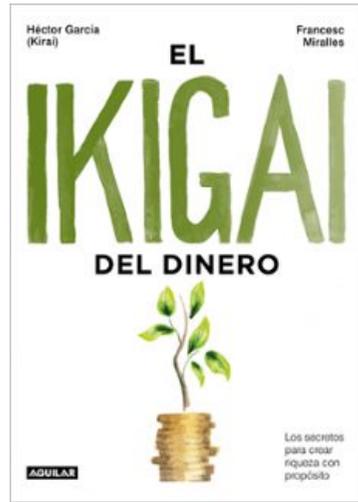
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Francesc Miralles & Héctor García

El IKIGAI del dinero (*The IKIGAI of money*)

Selfhelp/Business



This book teaches you how to make money doing what makes you happy. Discovering your Ikigai, your purpose in life, is the first step to feeling fulfilled with a meaningful existence. The second step is to make it your centre, and, if you wish, turn it into your source of income. Only then will you be able to follow the advice given to us by the master Confucius two millennia ago:

"Find an activity you enjoy and you will never work a day in your life."

To this end, the authors teach you in this new book how to define and enhance your professional IKIGAI, turning it into your business and developing the mindset necessary to transform what excites you into success and abundance.

<<Whether you already know what your Ikigai is or are still searching for it, whether you are a company leader, an employee, a business owner or a freelance artist, we have written this book for you. Get ready to launch your mission. In addition to delving into the theory and providing inspiring examples, we will give you tools to help you visualise and define your purpose, then bring it to life and expand it, so that you can make a living from it and benefit as many people as possible. >>

Spain: Aguilar March 2026 (304pp), Ara llibres (catalan) **Dutch:** Bokereij, **English:** Viking-PRH US).

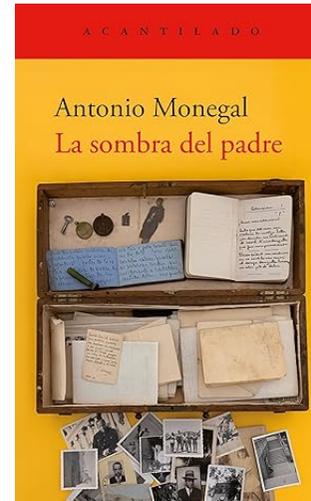
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Antonio Monegal

La sombra del padre (*The Father's Shadow*)

Biography



The origin of this fascinating book is in the discovery of a dark wooden box, a three-dimensional collage consisting of fragments of the sometimes unsettling life of a man who was both intrepid and seductive but also contradictory, the father who had died when the author was a small child.

The resulting story, the string of bits and pieces that comprise it, is nothing more than yet another assemblage that is supposed to bridge the chasm between a son and the always elusive shadow of his progenitor.

In this valuable exercise between memory and imagination and taking on the tricky role of custodian of family memory, which sometimes makes him an archaeologist and others a notary or a detective, Antonio Monegal, follows the trail of this evasive figure who is so fundamental for his emotional development and through whom he evokes a long-gone time. This is an extraordinary story, somewhere between historical chronic and intimate exploration, which attests to the importance of the small stories from which grand History is made.

Spain: Acantilado, 2026 (272 pp.)

German and Dutch translation rights.

All other rights Editorial Acantildo

María Negroni

La idea natural (*The Natural Idea*)

Essay
New in the Catalogue



The famous French naturalist Georges-Louis Leclerc, Comte de Buffon, once wrote that “the discourse of nature is nothing but nature transformed into discourse”. María Negroni sets out to trace the representations of nature—or to immerse herself in written nature—where the union of the visible and the enunciable yields a whole endowed with meaning. Hence, with immense lyricism she recreates the dreams of the Greek and medieval classics, the naturalistic fervour expressed in the voyages of exploration and ‘discovery’ of the Renaissance, and the fascinated curiosity of the Age of

Enlightenment which led to the Encyclopédie. This evocative and captivating journey, from the time of Lucretius through to the present day, is a tribute to nature as one of the most fabulous of literary creations.

Spain: Acantilado, 2024 (208 pp.)

German and Dutch translation rights.

All other rights Editorial Acantildo

Elegía Joseph Cornell (*Elegy for Joseph Cornell*)

Essay
New in the Catalogue



This text is a record of a discovery made by María Negroni: the cinema of Joseph Cornell, an assemblage artist influenced by surrealism who also worked with film collage, and whose ability to catalogue the unusual and unexpected fascinated Negroni. Somewhere between calligraphic poetry and book art, this small gem of a work reads like the intimate diary of an observer following in the wake of an image. And the image is “that of a naked girl covered by her hair and riding by on a white steed as if she were a tiny—and disturbing—version of Lady Godiva”.

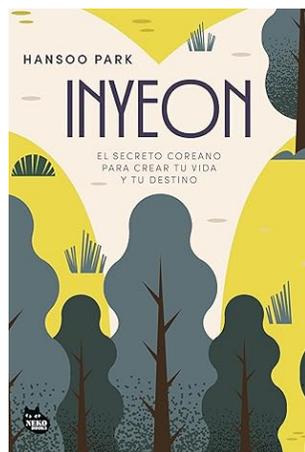
Spain: Acantilado, 2026 (112 pp.)

German and Dutch translation rights.

All other rights Editorial Acantilado

Hansoo Park *Inyeon*

Selfhelp



A thoughtful and inspiring nonfiction guide that reveals how an ancient Korean concept about destiny and human connections can help us understand our relationships, embrace life's turning points, and find a deeper sense of purpose. The concept of “destiny” is sometimes rejected by people because it makes it seem as though we have no agency and no control over our futures. But in Korean philosophy, destiny is always determined by karma. Our successes, our failures, our relationships with others, they might all be influenced by decisions we made in

our past lives. Our relationships are also influenced by our past lives. Every person that we meet, even those that hurt us or that we barely get to know, is part of the weave that makes up INYEON.

By learning the philosophy behind INYEON, we can begin to see life and our relationships with others in a more profound way that can help us grow as individuals and find our true purpose.

Perfect for fans of movies like *Past Lives*, that explore how the past binds us, and how it can influence our destinies. - With K-pop exploding in popularity, Korean culture is now a global phenomenon and has massive commercial appeal - Breaks down complex philosophical concepts and makes them accessible to readers of all backgrounds.

Spain: New Books (Grupo Planeta) Neko Books (Catalan) (Grupo Planeta) **English:** (Tuttle)

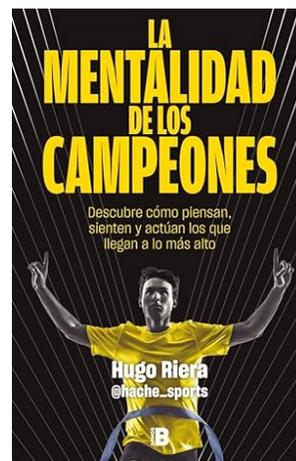
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Hugo Riera

La mentalidad de los campeones (The Champion's mindset)

Selfhelp



This book looks beyond titles and records to explore how champions think, face pressure, respond to failure, and build an unbreakable mentality.

This book explores the champion's mindset—the way elite athletes think long before they win. Through real-life stories of figures like Michael Jordan, Simone Biles, Carolina Marín, and Armand Duplantis, Hugo Riera shows that success is not just about talent or records, but about how champions handle pressure, overcome failure, and build a powerful way of seeing the world. The book reveals the hidden

discipline behind greatness: turning mistakes into learning, persisting when others quit, and using mindset as a tool for growth. These lessons go beyond sport, offering practical inspiration to achieve personal and professional goals in any area of life. This book looks beyond titles and records to explore how champions think, face pressure, respond to failure, and build an unbreakable mentality.

Practical and transferable lessons – Shows how mental discipline, resilience, and perseverance can be applied beyond sports. - Hugo Riera brings credibility and clarity as a sports reporter and creator of Hache_Sports that has over 1.4 million followers and more than 800 million views. - Broad market appeal – Ideal for sports fans, athletes, coaches, and general readers interested in personal growth and performance.

Spain: Ediciones B (PRH Spain), March 2026 (288pp)

German and Dutch translation rights.

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